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## **Review of the monograph “Cherish Family Life”, edited by prof. Elżbieta Osewska**

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The family is one of the oldest and unique institutions in society, dating back thousands of years. It is intertwined not only with the family’s problems but also with those of society. It has always been identified as a valuable and natural environment for the life and development of every human being, and the one that has the greatest influence on the individual’s future life. The family becomes the foundation of the state and an investment guarantee of future stability, where future socially active, sociable citizens are recognised, valued and educated, and where the nation’s distinctive identity is preserved. It can be said that society and the state are what the family is. It is for this reason that the institution of the family must be legally recognised, protected and promoted in the State.

However, in today’s rapidly changing world, the institution of the family is facing very serious challenges that threaten the survival not only of the family but also of society as a whole.

The monograph “Cherish family Life”, authored by scholars from several European countries, seeks to shed light on the contemporary situation of the family in Europe. As stated in the introduction to the monograph: “The monograph emphasises what makes a stable, lasting, and happy family life, and what patterns and concepts of family life are worth presenting and implementing to the young generation. The book highlights the significance of family and family life in building a strong society, nation, and state.”

The monograph is divided into three distinct parts, in which the authors analyse different family issues. In the first part of the monograph, the authors discuss

the family and life within it from the perspective of the value of family. It discusses how modern family transformation affects the inner life of the family in Europe and the upbringing of children. The second part of the monograph is devoted to the problem of addiction. The third part of the monograph “Various Family Problems and Strategies to Resolve Them” is devoted to family divorce, self-harm by family members, sexual abuse, and online infidelity.

The monograph “Cherish Family Life” is a very serious scientific contribution to the study of family problems. It is both relevant and timely. The monograph clearly demonstrates that family issues are becoming global, i.e., they go beyond the borders of a single country. It is worth mentioning that the authors of the monograph not only expose and analyse the most difficult challenges for the family but also make recommendations on how to strengthen the family institution.